

Samlet resultatliste

Placering	Startnummer	Navn	Køn	Klub	Netto tid	Start tid	Omgang 1	Omgang 2	Omgang 3	Omgang 4
10 km										
1.	142	Kenneth Nielsen	M		43:17	43:31	43:17			
2.	141	Michael Jørgensen	M		44:11	44:25	44:11			
3.	55	Kim Plambech Larsen	M	Ølstykke løber	46:59	47:13	46:59			
4.	52	Sammi Stærfeldt	M	Egedal Løbeklub	51:07	51:24	51:07			
5.	113	Anders Friedrichsen	M		52:55	53:11	52:55			
6.	97	Majken Mortensen	K		57:57	58:20	57:57			
7.	80	Carsten V Pedersen	M	Minni	58:12	58:30	58:12			
8.	72	Jørgen Boesen	M		1:01:43	1:02:17	1:01:43			
9.	19	Bent Hermanns	M		1:01:58	1:02:34	1:01:58			
10.	28	Charlotte Hvid Ravnholt	K		1:04:53	1:05:17	1:04:53			
11.	43	Tine Rønn Østergaard	K		1:05:11	1:05:38	1:05:11			
12.	42	Lonnie Lindehøj Henriksen	K		1:05:11	1:05:38	1:05:11			
13.	140	Kim Henningsen	M		1:05:22	1:05:57	1:05:22			
14.	25	Niki Nielsen	M	EET Group	1:05:44	1:06:09	1:05:44			
15.	24	Mette Borglund	K		1:05:29	1:06:19	1:05:29			
16.	61	Sofie Hansen	K		1:06:02	1:06:22	1:06:02			
17.	62	Diana Milic	K		1:06:03	1:06:22	1:06:03			
18.	53	Alis Høier	K	Team Høier	1:08:04	1:08:29	1:08:04			
19.	35	Maria Weiglin	K		1:08:45	1:09:16	1:08:45			
20.	17	Lennie Sambleben	K	Outrun-Frederikssund	1:09:04	1:09:35	1:09:04			
21.	8	Charlotte Drue	K		1:18:47	1:19:24	1:18:47			
22.	9	Thomas Aagaard	M		1:18:48	1:19:25	1:18:48			
23.	50	Tine Olsen	K		1:22:48	1:23:14	1:22:48			
24.	51	Eva Kiilerich	K		1:22:47	1:23:14	1:22:47			
25.	110	Monique Bjærre	K		1:31:04	1:31:37	1:31:04			
1/2 marathon										
1.	65	Paw Pedersen	M	Svinninge	1:37:40	1:37:58	49:12	48:28		
2.	12	Mads Flacheberg	M		1:40:55	1:41:14	51:59	48:57		
3.	7	Per Foss	M	Jyllinge Løbeklub	1:41:29	1:41:47	51:05	50:25		
4.	40	Morten Østergaard	M		1:43:34	1:43:49	49:25	54:09		
5.	148	Bjarne Lauritzen	M		1:44:11	1:44:29	51:36	52:35		
6.	147	Mikkeli Lauritzen	M		1:44:34	1:44:52	51:36	52:58		
7.	99	Mette Peabel	K		1:45:52	1:46:15	53:09	52:44		
8.	73	Steffen Holmann Olsen	M	Dansk Revision Hillerød	1:46:06	1:46:20	52:24	53:43		
9.	98	Jørgen Krøyer	M		1:47:21	1:47:38	52:27	54:55		
10.	44	Laura Friis Frederiksen	K		1:48:16	1:48:16	55:03	53:14		
11.	39	Valdemar Sarfelt	M		1:49:17	1:49:31	49:26	59:52		
12.	143	Jesper Nilsson	M		1:50:50	1:51:14	54:22	56:28		
13.	104	Lars Nørgaard	M		1:52:29	1:53:00	56:36	55:54		
14.	105	Sebastian Gad	M		1:53:46	1:54:04	55:41	58:05		
15.	59	Morten Hansen	M		1:53:46	1:54:04	55:41	58:05		
16.	81	Thomas Ferslev	M		1:54:30	1:54:51	57:00	57:31		
17.	78	Majja Mortensen	K	Ok tæpper	1:57:17	1:57:40	58:22	58:56		
18.	111	Britta Have Hornuff	K		1:58:34	1:58:55	58:49	59:45		
19.	63	Leon Hejbøll Elstrøm	M		1:58:25	1:58:57	57:25	1:01:00		
20.	83	Ali Al-Temimi	M	De Sorte Hyæner	2:00:26	2:00:55	59:17	1:01:10		
21.	84	Ammar Al-Temimi	M	De Sorte Hyæner	2:00:26	2:00:55	59:16	1:01:10		
22.	67	Camilla Skandov	K		2:00:55	2:01:23	59:10	1:01:46		
23.	89	Seppo Langer	M	Klub 100 Marathon Danmark	2:00:35	2:01:24	1:01:06	59:29		
24.	11	Hakan Demirkan	M		2:03:28	2:03:56	57:41	1:05:47		
25.	45	Charlotte Friis Frederiksen	K		2:03:29	2:03:58	1:01:21	1:02:08		
26.	58	Cecilie Outzen Ptak	K		2:04:09	2:04:36	59:10	1:05:00		
27.	102	Tommy Christensen	M	HID	2:06:50	2:07:09	1:00:03	1:06:47		
28.	86	Katja Margaretha Dorothea Marquardsen	K		2:06:47	2:07:09	1:01:01	1:05:46		
29.	88	Charlotte Langer	K		2:06:25	2:07:15	1:02:10	1:04:16		
30.	93	Dorthe Nielsen	K	NPI	2:07:13	2:08:04	1:04:08	1:03:06		
31.	15	Alex Nielsen	M	LOMK	2:07:58	2:08:29	1:01:41	1:06:18		
32.	18	Henrik Larsen	M		2:08:04	2:08:37	1:04:09	1:03:56		
33.	146	Susanne Gren	K		2:10:15	2:10:36	1:03:15	1:07:00		
34.	103	Mette Straarup	K		2:10:35	2:11:06	1:04:20	1:06:16		
35.	76	Rikke Cebula	K	DHK	2:11:09	2:11:42	1:04:14	1:06:56		
36.	10	Susanne Wildt	K		2:11:08	2:11:42	1:04:12	1:06:56		
37.	54	Claus Høier	M	Team Høier	2:13:06	2:13:31	1:08:04	1:05:02		
38.	5	Susan Letting	K		2:14:23	2:14:45	1:06:21	1:08:02		
39.	74	Stefan Petersen	M		2:20:50	2:21:13	1:05:14	1:15:37		
40.	36	Bodil Foss	K		2:21:19	2:21:49	1:09:20	1:11:59		
41.	30	May Andersen	K	Fjordløberne	2:31:55	2:32:19	1:14:28	1:17:27		
42.	4	Carina Hay	K	Stripperlogen	2:36:32	2:37:08	1:12:56	1:23:36		
43.	33	Jeanette Jacobsen	K	Egedal Løbeklub	2:36:32	2:37:08	1:12:56	1:23:37		
44.	6	Peter Letting	M		3:12:53	3:13:18	1:52:12	1:20:42		
Marathon										
1.	106	Claus Superman Høier	M	Team kaisersport	3:26:09	3:26:52	50:37	51:53	51:23	52:17
2.	109	Jonas Brøndsel	M		3:26:09	3:26:52	50:37	51:53	51:23	52:17
3.	21	Jonas Bach Møller	M		3:31:00	3:31:44	53:06	51:48	52:28	53:39
4.	77	Johannes Borregaard	M		3:31:01	3:31:51	53:01	51:48	52:29	53:46
5.	90	Jesper Thorlund Jensen	M	Herlev Tri & Motion	3:34:59	3:35:44	53:06	51:48	52:30	57:37
6.	56	Niclas Juul	M	#Løbetosserne	3:45:10	3:45:57	57:07	54:49	56:10	57:05
7.	144	Carsten Nielsen	M		3:45:20	3:46:03	56:56	55:04	56:11	57:10
8.	100	Abdelaaziz Hammadi	M		3:47:07	3:47:51	50:38	54:12	57:41	1:04:37
9.	16	Allan Kjær Andersen	M	Klub 100 marathon Danmark	3:48:22	3:49:08	57:10	57:29	56:58	56:46
10.	38	Robert Pihl Jensen	M		3:54:34	3:55:22	57:16	58:14	59:42	59:23
11.	91	Jørgen Nicolaisen	M		3:58:15	3:59:01	57:10	59:49	1:00:13	1:01:05
12.	101	Steen Hermansen	M		3:58:15	3:59:01	57:08	59:50	1:01:12	1:00:06
13.	94	Ken Poulsen	M	NPI	3:58:11	3:59:02	57:57	58:57	1:00:12	1:01:06
14.	66	Klaes Skandov	M		4:05:21	4:06:11	59:11	53:50	1:02:10	1:10:11
15.	79	Søren Østergaard	M	Klub 100 Marathon	4:19:17	4:20:03	1:02:02	1:02:25	1:04:23	1:10:28
16.	87	Mark Arnecke	M	Klub 100 Marathon Danmark	4:21:44	4:22:31	1:01:06	1:03:56	1:05:45	1:10:59
17.	112	Thomas Lønbæk	M		4:23:26	4:24:55	1:01:13	1:02:04	1:06:22	1:13:50
18.	75	Carsten Jensen	M	Klub 100 Marathon Danmark	4:28:15	4:29:01	1:04:45	1:07:30	1:08:34	1:07:27
19.	149	Rene Hjort Olsen	M		4:28:14	4:29:01	1:04:46	1:07:29	1:08:34	1:07:26
20.	96	Erik Larsen	M	Klub 100 Marathon DK	4:29:17	4:30:12	1:03:32	1:07:25	1:08:56	1:09:25
21.	92	Charlotte Poulsen	K	Klub 100 Marathon Danmark	4:29:18	4:30:12	1:03:33	1:07:26	1:08:55	1:09:25
22.	95	Brian Vernersen	M	Imk asnæs	4:37:26	4:38:14	1:04:40	1:09:02	1:14:55	1:08:50
23.	107	Maria Houmann	K	Team Ramsøbakken	4:37:26	4:38:14	1:04:41	1:09:02	1:14:55	1:08:49
24.	46	Julie Kaae Syversen	K		4:37:52	4:38:42	1:03:50	1:04:09	1:09:27	1:20:27
25.	145	Torben Pedersen	M		4:38:54	4:39:39	56:55	1:02:21	1:16:11	1:23:28
26.	69	Johanna Gren	K		4:39:46	4:40:37	1:04:38	1:09:04	1:14:55	1:11:11
27.	37	Tony Gren	M	Klubb 100 Sverige	4:39:48	4:40:37	1:07:29	1:06:15	1:14:39	1:11:27
28.	13	Johnny Broe	M	Ramsøbakken Motions Klub	4:41:09	4:42:03	1:04:37	1:09:07	1:16:30	1:10:56
29.	57	Carsten Berg	M	Munke Mose Motion	5:10:40	5:11:27	1:02:42	1:08:32	1:25:09	1:34:19
30.	82	Johnny Kurt Kristensen	M		5:50:11	5:51:03	1:41:10	1:16:01	1:21:05	1:31:57

Antal deltagere: 99